

Music Town Jiggles



Action/ Group Dance

You put your hands in the middle

Stand in a circle put arms out and shake them)

Wiggle, wiggle, wiggle. Then you give your knees a slap *Slap you knees*

Your hands in the middle *Shake arms*

Wiggle, wiggle, wiggle. Clap, clap, clap, clap, clap

We've got the music time jiggles

Dance around by yourself or with a partner

YES WE DO! *Thumbs up in the air*

The music time jiggles

Dance around by yourself or with a partner

ME AND YOU *Point to yourself then to your partner*

The music time jiggles *Dance around by yourself or with a partner*

YES WE DO! *Thumbs up in the air*

Ooooooooooh we've got the jiggles *(All move into the centre of the circle raise hands and shout "We've got the jiggles")*

You put your legs in the middle.... *(Shake your legs out in front of you)*

You put your tummy in the middle.... *(Shake your tummy out in front of you)*

You put yourself in the middle.... *(Jump into the centre of the circle and shake your whole body)*

Teaching Notes: *Start by standing in a circle. Older children could use a partner for the chorus but otherwise dance around and do the thumb actions. The first time you do this song start by practising the movements especially the chorus and moving into the centre and shouting!*

Musical Skills:

Beat – moving, clapping, slapping etc in time to the beat.

Melody – singing simple melody.

Harmony – listening for the harmony parts that are in the chorus.

Other Skills:

Listening – following instructions from the lyrics.

Social skills – working with a partner.

Gross Motor Skills – dancing.

Extension Ideas:

Explore other parts of the body that you could use for different verses.